



# “A New Heart And Spirit”

[chādāš] - Hebrew term for “new.”

To restore what was. Restoration or renewal.

To make something that was not here before, create something brand new.

*“And I will give them one heart, and a new spirit I will put within them. I will remove the heart of stone from their flesh and give them a heart of flesh...” Ezekiel 11:19 (ESV)*

*“Cast away from you all the transgressions that you have committed, and make yourselves a new heart and a new spirit! Ezekiel 18:31 (ESV)*

Heart = [lev] - Your mind, will, and emotions. It is the seat of your personality, your innermost nature.

Spirit = [rauch] - Represents what drives your desires, thoughts, and conduct.

How do you engage in this process of changing your heart and spirit?

1. Check your mindset.
2. Check your personal ownership.
3. Check your influences.
  - Toxic Culture
  - Toxic Relationships

“Renaissance Series” / week 1

Pastor Scott Stevens

September 17-18, 2011

*“<sup>1</sup>I mean that the heir, as long as he is a child, is no different from a slave, though he is the owner of everything, <sup>2</sup>but he is under guardians and managers until the date set by his father. <sup>3</sup>In the same way we also, when we were children, were enslaved to the elementary principles of the world. <sup>4</sup>But when the fullness of time had come, God sent forth his Son, born of woman, born under the law, <sup>5</sup>to redeem those who were under the law, so that we might receive adoption as sons. <sup>6</sup>And because you are sons, God has sent the Spirit of his Son into our hearts, crying, “Abba! Father!” <sup>7</sup>So you are no longer a slave, but a son, and if a son, then an heir through God.” Galatians 4:1-7 (ESV)*

*“When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways.” 1Corinthians 13:11 (ESV)*

## Small Group Questions

1. What is your favorite thing to do in Pittsburgh? If there were to be a “Renaissance III” in Pittsburgh, what would you desire to see changed?
2. If you could change one thing about your life in the coming year what would it be?
3. Tough question...which of these mindsets most describes you?
  - You anticipate and expect the worst. Your heart or mindset is anchored in stubbornness. You are right...you are always right, and you make it a point to make everyone aware of that. Know matter how many people tell you differently it does not matter. I am what I am.
  - You bring a mindset of optimism and hope. You love to learn new things and try new things. Your mindset is shaped by faith. You realize you do not have it all figured out, understand that you are a flawed, and seek to see your life be restored...you see life as a continual Renaissance.
4. What are some possible toxic cultural influences hardening your heart? Do you currently have toxic relationships effecting your heart and spirit?
5. See the Hebrew definitions of heart and spirit. In what areas are your heart and/or spirit in need of a Renaissance?