

Today's Message Outline: "Our Wounded Healer"

Which garden defines us? The garden that ushers in [sin](#) or the garden that ushers in [redemption](#)?

Mark 14:32-42; Luke 22:39-51
Mark 13:3-37 ESV

[Keeping watch](#) is about submitting ourselves to God's will, not our own.

An "[if possible](#)" prayer is when we pray for God to do something but are fully surrendered to any potential answer or outcome, because of a foundation of faith that believes God is working for our best.

Our [flesh](#) is our greatest vulnerability. His [Spirit](#) is our greatest strength.

When we don't keep watch, our [flesh](#) takes over, and we will take short-cuts and short-circuit the will of God for our lives. (see Luke 22:50; Mt. 27:54)

How to "keep watch":

- "Praying at all times in the Spirit... keep alert with all perseverance..." (Eph. 6:18 ESV)
- "So then let us not sleep, as others do, but let us keep awake and be sober." (1 Thess. 5:6 ESV)
- "Be watchful, stand firm in the faith, act like men, be strong." (1 Cor. 16:13 ESV)
- "Continue steadfastly in prayer, being watchful in it with thanksgiving." (Col. 4:2 ESV)

Small Group or Personal Reflection Questions:

1. Pastor Doug talked about the "if possible" prayer. What is the prayer you are or should be praying regularly... for your relationships, for your calling, for your children, etc.?
2. Has there been a time when you've felt spiritually "asleep"?
3. Can you relate to or identify a time when you might have taken a short-cut or short-circuited God's plan for you?