

Today's Message Outline: "A Rhythm 4 Life"

We have to find our **Rhythm** for Life

We must **Submit** our **Hearts** to God

- *And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me." - Luke 9:23 (ESV)*
- *Submit yourselves therefore to God. Resist the devil, and he will flee from you. - James 4:7 (ESV)*

We must **commit** to have moments of **Solitude**

"In contemporary society our Adversary majors in three things: noise, hurry, and crowds." - Richard J. Foster

- *Come to me, all who labor and are heavy laden, and I will give you rest. - Matthew 11:28 (ESV)*

Live a **Simple** life

Find your area of **Service**

Spring Training Series / week 3

Pastor Freedom Blackwell

March 2-3, 2013

Small Group or Personal Reflection Questions:

1. What would it take for you to fully submit your heart to God?
2. How will you incorporate solitude in your life's rhythm?
3. To what matter have you been called to serve?
4. What did Freedom mean when he said "live a simple life"?