

**early in the morning, while it was still dark, Jesus
arose and went out and departed to a lonely place,
and was praying there.**

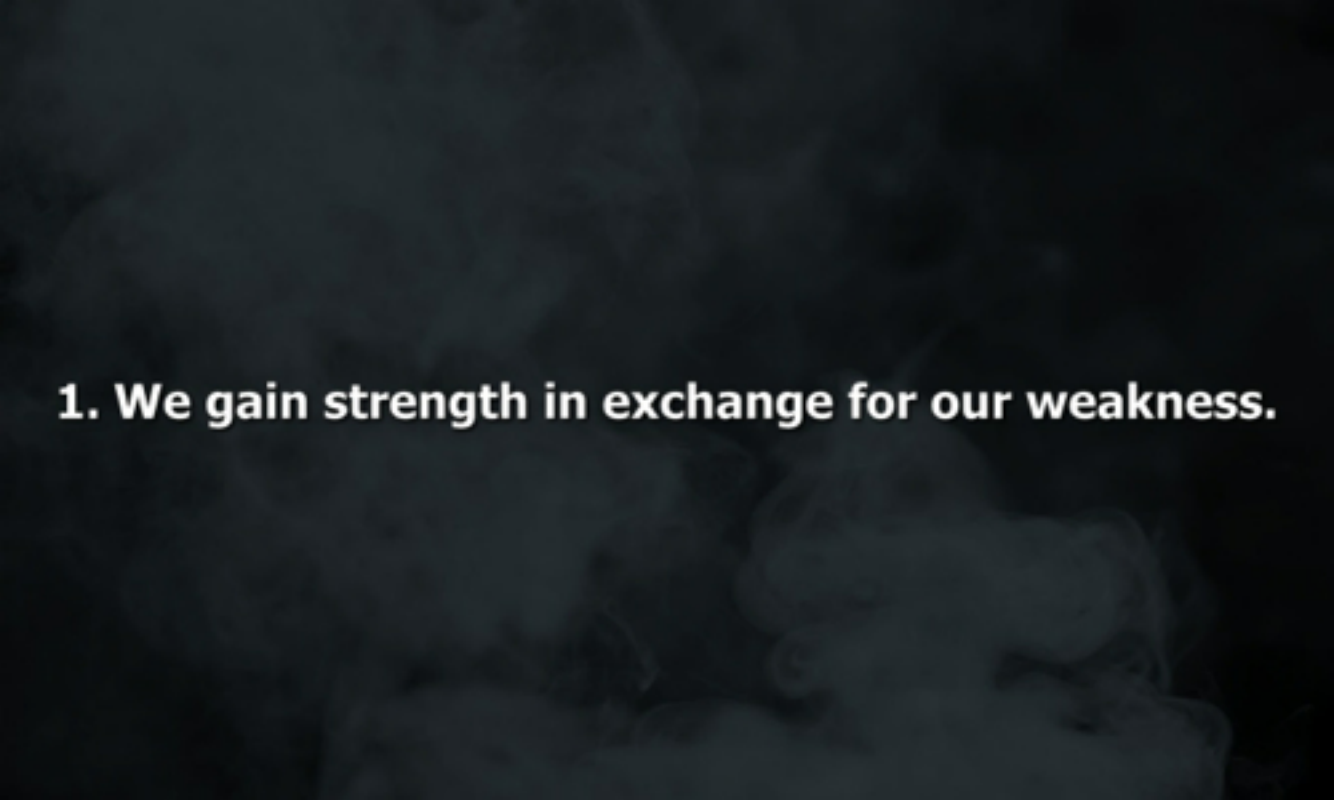
- Mark 1:35

**But He Himself would often slip away
to the wilderness and pray.**

- Luke 5:16

But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.


- Isaiah 40:31



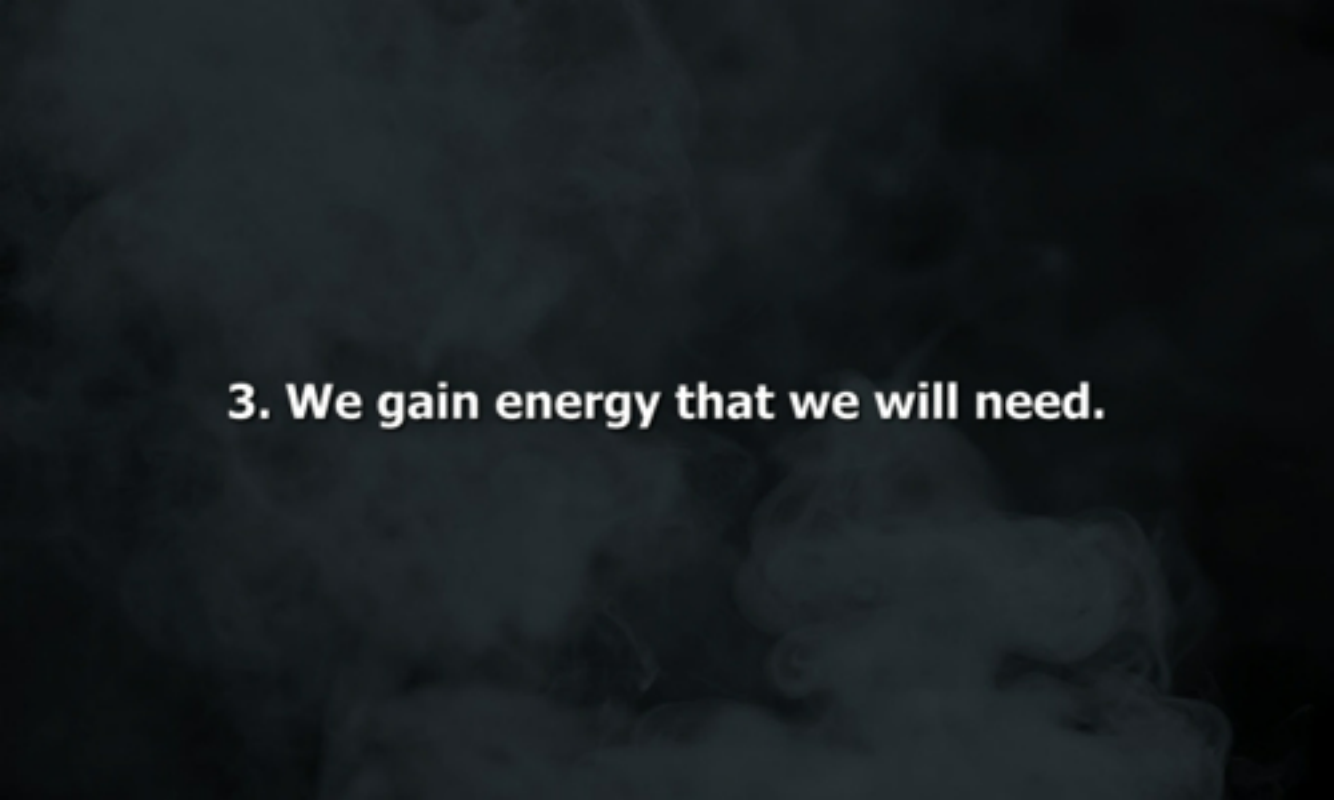
1. We gain strength in exchange for our weakness.

"My grace is sufficient for you, for my power is made perfect in weakness." And then Paul's response is: Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

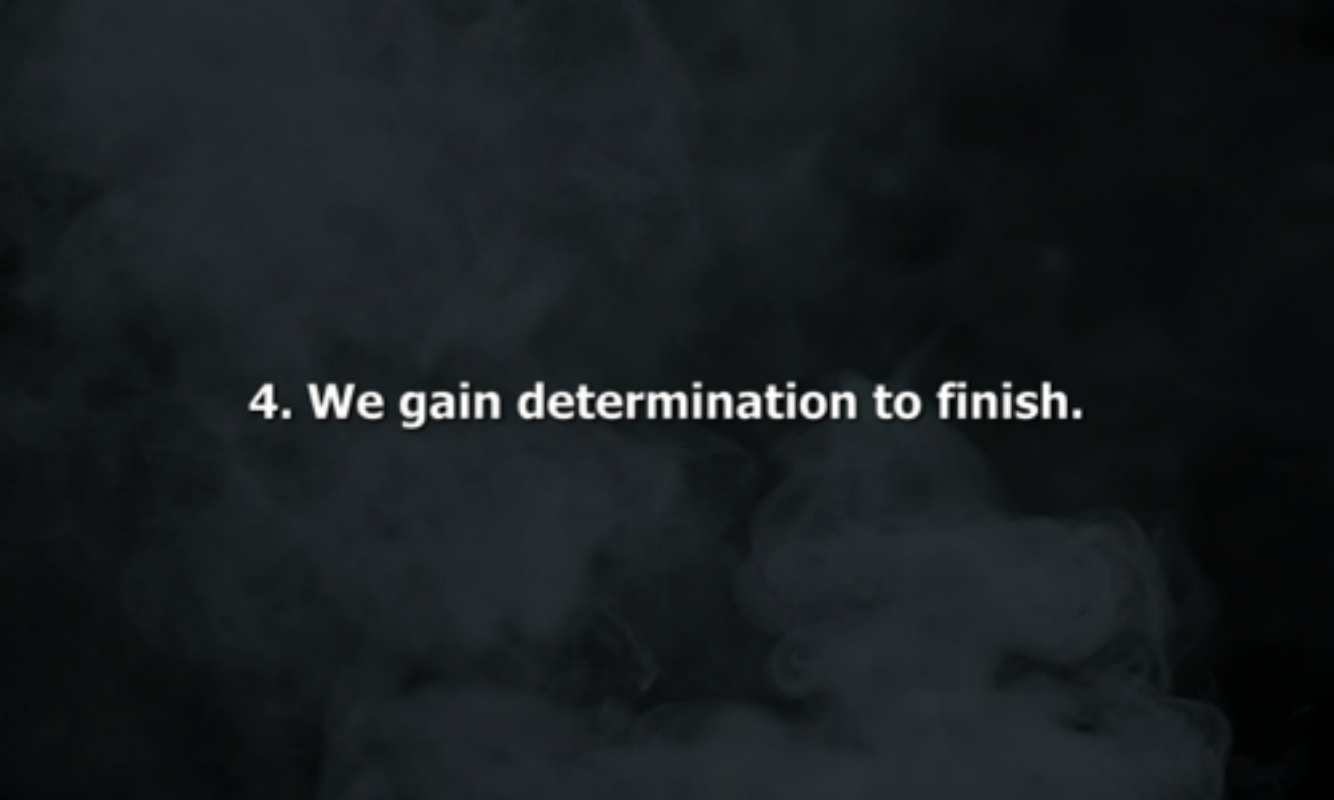
- 2 Corinthians 12:9



2. We gain God's perspective on what's ahead.



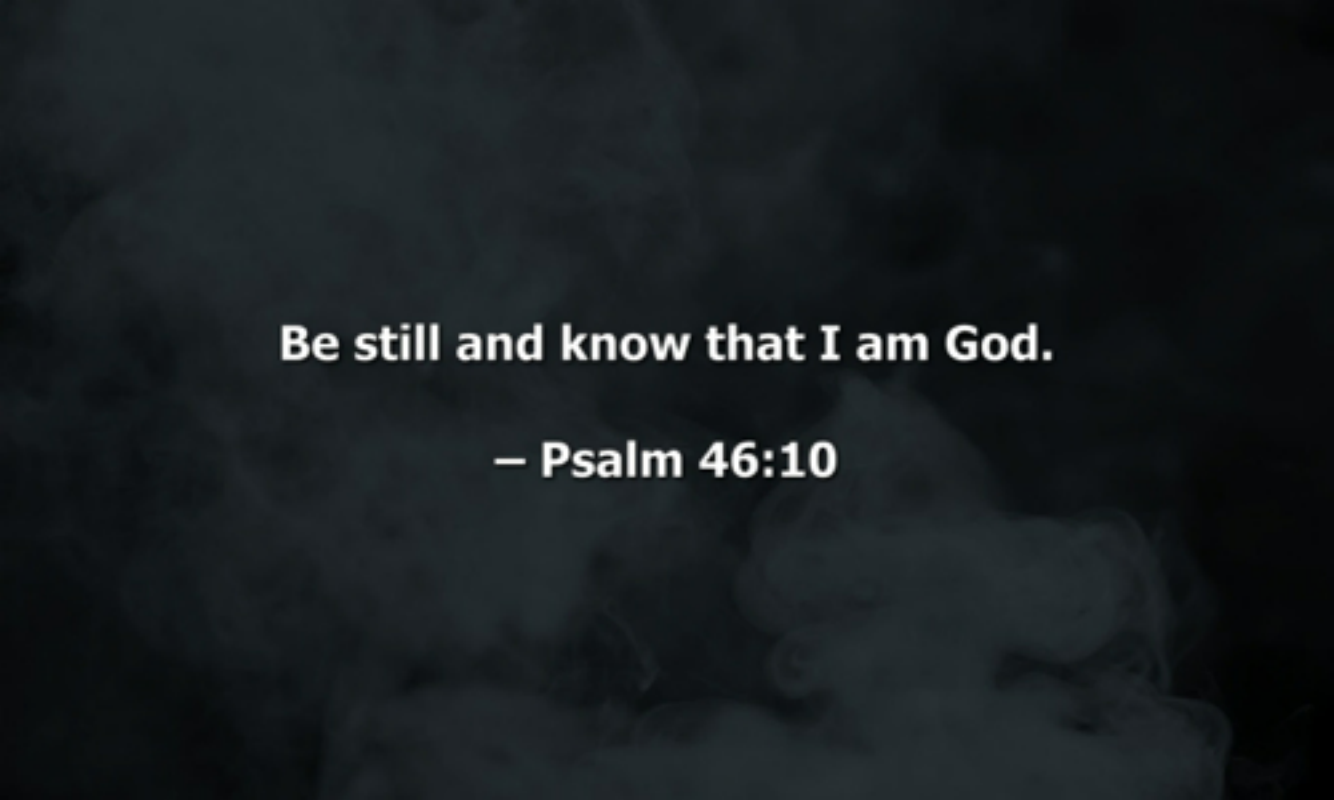
3. We gain energy that we will need.



4. We gain determination to finish.

**"For I, the LORD your God, hold your right hand;
it is I who say to you, "Fear not,
I am the one who helps you."**

- Isaiah 41:13



Be still and know that I am God.

– Psalm 46:10