

Today's Message: "How Can I Ever Forgive Him/Her/Them?"

²⁸ But when that same servant went out, he found one of his fellow servants who owed him a hundred denarii, and seizing him, he began to choke him, saying, 'Pay what you owe.'²⁹ So his fellow servant fell down and pleaded with him, 'Have patience with me, and I will pay you.'³⁰ He refused and went and put him in prison until he should pay the debt.³¹ When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their master all that had taken place.³² Then his master summoned him and said to him, 'You wicked servant! I forgave you all that debt because you pleaded with me.'³³ And should not you have had mercy on your fellow servant, as I had mercy on you?'³⁴ And in anger his master delivered him to the jailers, until he should pay all his debt.³⁵ So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart."
(Matthew 18:28-35, ESV)

Forgiveness is the intentional and voluntary process by which a victim undergoes a change in feelings and attitude regarding an offense, lets go of negative emotions such as vengefulness, with an increased ability to wish the offender well

A. It's hard to forgive

- People are hard-wired to retaliate
I wish someone would forgive my student debt
- We protect our emotions

B. There are consequences of an unforgiving nature

- We disrupt the world around us
- Unforgiveness generates unhealthy bodies
- We lose the battle within

*Bear with each other and forgive whatever grievances you may have against one another.
Forgive as the Lord forgave you. (Colossians 3:13)*

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C. Because God Forgave, We Forgive

- We Forgive by Faith
- There is not limit to Forgiveness

<http://learningtoforgive.com/9-steps/>

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