

**Today's Message: "Worrying About the Future"**

<sup>25</sup> "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? <sup>26</sup> Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> Which of you by worrying can add one cubit to his stature?<sup>28</sup> "So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin;<sup>29</sup> and yet I say to you that even Solomon in all his glory was not arrayed like one of these. <sup>30</sup> Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?<sup>31</sup> "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. <sup>33</sup> But seek first the kingdom of God and His righteousness, and all these things shall be added to you. <sup>34</sup> Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.  
(Matthew 6:25-34, NKJV)

Cast your cares on God, [He will take care of your tomorrow](#)

Worrying about tomorrow, [distracts us from today](#)

Set our [hope](#) in the Lord

Trust tomorrow to [the guidance of the Holy Spirit](#)

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<sup>28</sup> Come to Me, all you who labor and are heavy laden, and I will give you rest. <sup>29</sup> Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup> For My yoke is easy and My burden is light.” (Matthew 11:28-30, NKJV)

Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, <sup>7</sup>casting all your care upon Him, for He cares for you. (1 Peter 5:6-7, NKJV)

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. <sup>9</sup>Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. (1 Peter 5:8-9, NKJV)

Trust in the Lord with all your heart, and do not lean on your own understanding. <sup>6</sup>In all your ways acknowledge him, and he will make straight your paths. (Proverbs 3:5-6, ESV)

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