

Today's Message: "Trading Best Part 4: Healthy Parent"

"The Sticky Faith Guide for Your Family" by Dr. Kara E. Powell
stickyfaith.org/family

Healthy parents model a growing relationship with God.

Deuteronomy 6:5-9 (ESV) - Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.

Parent Cue App

Healthy parents say, "! don't know."

John 20:25 (ESV) - So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe."

"Who (what Christian influence) knows more than you on a particular topic?"

"Doubt is most toxic when it goes unexpressed." – Dr. Kara E. Powell

Healthy parents are quick to apologize.

Ephesians 4:31-32 (ESV) - Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

James 5:16 (MSG) - Make this your common practice: Confess your sins to each other and pray for each other so that you can live together whole and healed.

I'm sorry FOR...

"Trading Best"

Pastor Kent Chevalier

February 7 & 8, 2015

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Healthy parents create boundaries.

Matthew 19:14 (ESV) - Jesus said, "Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven."

Healthy parents foster intergenerational Christian community.

Hebrew 10:24-25 (ESV) - And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

If you were to ask your kids, "Which adults do you like?" who would you guess they would mention?

- Instead of guessing, when can you actually ask your kids that question?
- How can you involve those adults more in the life of your family?

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Small Group or Personal Reflection Questions:

1. What influence did your parents have on you regarding faith in Jesus?
2. Read Matthew 19:13-15. What is hindering you (or your kid's) from coming to Jesus on a regular basis? (Volume of activities, apathy, work, busyness, etc.)
3. Read Deuteronomy 6:5-9. How do you do this for yourself and/or your family?
4. Kent mentioned 5 actions "healthy parents" do. Even if you're not a parent, which one do you struggle with the most? What can you do this week to put that action into practice?
5. Are you (your kids) connected to Christians that are older and younger than you? How can you initiate an intergenerational connection this week?

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