

Today's Message: Soul Rest: Part 2 "The Pursuit of Love"

*"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."
(Matthew 11:28-30, ESV)*

"The secret things belong to the LORD our God, but the things that are revealed belong to us and to our children forever, that we may do all the words of this law. (Deuteronomy 29:29, ESV)

You do not have a soul. You are a soul. You have a body. The soul is the real you that will last forever. Your soul is the part of you that will outlast your body. Your soul is who you are now and for the rest of eternity.

Finding true Soul Rest is making a commitment to pursue God's love.

Enemy of Soul Rest #1 – "Must Be Nice"

James 3:16 - For where jealousy and selfish ambition exist, there will be disorder and every vile practice.

Proverbs 14:30 - A tranquil heart gives life to the flesh, but envy makes the bones rot.

Enemy of Soul Rest #2 – "Absorbing Critical Opinions"

John 12:43 - For they loved the glory that comes from man more than the glory that comes from God.

Enemy of Soul Rest #3 - "You Set Up the Chairs."

*"Hear, O Israel: The LORD our God, the LORD is one. ⁵ You shall love the LORD your God with all your heart and with all your soul and with all your might. ⁶ And these words that I command you today shall be on your heart. ⁷ You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. ⁸ You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. ⁹ You shall write them on the doorposts of your house and on your gates.
(Deuteronomy 6:4-9, ESV)*

Soul Rest: Part 2

Pastor Scott Stevens

August 27 & 28, 2016

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Circle One
Pursue God's Love

- Consistent time alone with God
- Consistent time with other believers

Book Recommendation:
"Present Over Perfect" by Shauna Nyquist

Circle Two
Pass the Pursuit Onto Your Children

- Model
- Moments

Enemies of Soul Rest for Your Children
#1 – Misplaced Love
#2 – Weak Marriages

Circle Three
Model Soul Rest in Your "World"

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#1 – Misplaced Love
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Circle Three
Model Soul Rest in Your "World"

Small Group or Personal Reflection Questions:

1. Do you have a "Life" verse...a favorite verse?
2. Of the "circles" which is your strength, which is your weakness?
 - a. Pursuing God's love
 - b. Passing it on to your children
 - c. Modeling Soul Rest in your "world"
3. Which Soul Rest Enemy do you most struggle with?
 - a. "Must Be Nice"
 - b. "Absorbing Critical Opinions"
 - c. "You Set Up the Chairs"
4. List some other possible Soul Rest Enemies.
5. How will you pursue Soul Rest this week?

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